Morning and Afternoon Snack Menu
December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
30 AM: chicken sausage & roll PM: pretzels* & oranges	1 AM: oatmeal* PM: goldfish, cucumber*, carrot, & ranch	2 AM: yogurt with pumpkin seed granola* PM: bell pepper, apple*, and ritz crackers	3 AM: toasted O's cereal* with banana* PM: saltine crackers, broccoli*, & avocado	4 AM: chia seed* & oatmilk* pudding with blueberries* PM: ritz crackers cheese, & seaweed snack*
7 AM: chicken sausage & roll PM: pretzels* & oranges	8 AM: oatmeal* PM: goldfish, cucumber*, carrot, & ranch	9 AM: yogurt with pumpkin seed granola* PM: bell pepper, apple*, and ritz crackers	10 AM: toasted O's cereal* with banana* PM: saltine crackers, broccoli*, & avocado	11 AM: chia seed* & oatmilk* pudding with blueberries* PM: ritz crackers cheese, & seaweed snack*
14 AM: chicken sausage & roll PM: pretzels* & oranges	15 AM: oatmeal* PM: goldfish, cucumber*, carrot, & ranch	16 AM: yogurt with pumpkin seed granola* PM: bell pepper, apple*, and ritz crackers	17 AM: toasted O's cereal* with banana* PM: club crackers, broccoli*, avocado & Unique Fruit!	18 AM: chia seed* & oatmilk* pudding with blueberries* PM: ritz crackers cheese, & seaweed snack*
21 AM: chicken sausage & roll PM: pretzels* & oranges	22 AM: oatmeal* PM: goldfish, cucumber*, carrot, & ranch	23 AM: yogurt with pumpkin seed granola* PM: bell pepper, apple*, and ritz crackers	24 Closed for Winter Break	25
28	29	30	31	1

NOTES:
(1) The oatmeal and chia seed pudding are made with brown sugar.
(2) In the Caterpillars/Whales/Frogs classrooms, we may substitute softer items for hard fruits and vegetables.
(3) We may change the snack menu without notice if, but not limited to, we have a supply issue, your child is not eating the snack provided, or Good Food provided the same fruit for lunch.
(4) Unique Fruit - This will be a chance to try an out of the ordinary fruit such as mango, papaya, pitaya, or dates.
(5) Milk is always served with the morning snack and lunch.
(6) * denotes that something is organic. / The chicken sausage uses antibiotic free chicken.

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